

2011-2012 DST Recommended Training Equipment



National and Big Dawg Swimmers

- | **Fins**
- | **Catalyst or Strokemaker Paddles**
- | **Kickboard**
- | **Snorkels**
- | **Equipment Bag**
- | **Pull Buoy**

Super Dawgs Equipment List

- | **Finz**
- | **Catalyst or Strokemaker Paddles**
- | **Kickboard**
- | **Snorkels**
- | **Equipment Bag**
- | **Pull Buoy**

Mighty Dawgs Equipment List

- | **Fins**
- | **Kickboard (optional)**

Wonder Dawgs Equipment List

- | **Fins**
- | **Kickboard (optional)**

Pups & Hot Dawgs Equipment List

- | **Fins**

