

DELAWARE



S W I M T E A M DST FALL 2011 PRACTICE SCHEDULE

Keep Your Feet Wet Program

BEGINS TUESDAY, SEPTEMBER 12, 2011

| GROUP | LOCATION | SAT. | SUN. | MON. | TUES. | WED. | THURS. | FRI. |
|-------------------------------------|-----------|---|-------------|-------------|-------------|-------------|-------------|-------------|
| KYFW (Keep Your Feet Wet) | DSFC PC | 5:00-6:00pm | 5:00-6:00pm | | | 7:00-8:00pm | | |
| | PS DUPONT | 10:00-11:00am | | | 7:00-8:00pm | | 7:00-8:00pm | |
| HIGH SCHOOL PREP | DSFC PC | 5:00-6:30pm | 5:00-6:30pm | 7:00-8:30pm | 7:00-8:30pm | 7:00-8:30pm | 7:00-8:30pm | |
| | PS DUPONT | 8:00-10:00am | | 7:00-8:30pm | 7:00-8:30pm | 7:00-8:30pm | 7:00-8:30pm | 7:00-8:30pm |
| SPRING CONDITIONING | DSFC PC | <i>Program begins April 2nd, 2012</i> | | | | | | |
| | PS DUPONT | <i>Schedule to be announced in early 2012</i> | | | | | | |