

DELAWARE SWIM TEAM



January 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 1 Resolution Run	2	3 Regular practice schedule resumes	4	5	6	 7 Pirate Plunge
 8 Pirate Plunge	9	10	11	12	 13 Cera Ve	 14 Sr Elite Meet/ Cera Ve
 15 Sr Elite Meet/ Cera Ve	 16 Sr Elite Meet/ Cera Ve/ MLK Day	17	18	19	 20 Age Group Elite Meet	 21 Age Group Elite Meet
 22 Age Group Elite Meet	23	24	25	26	 27 Double Last Change Entries Due	28
29	30	31				

Please check the website for expected practice changes on the following days:

January 7-8 (Pirate Plunge)

January 13-16 (Cera Ve, Senior Elite Meet, & Martin Luther King Day)

January 20-22 (Age Group Elite Meet)

January 23 (PS Blackout)

January 25 (UD Closure)