

Good afternoon everyone....

Here's what going on this week at the Delaware Swim Team,

- **VOLUNTEER OPPORTUNITIES:**
 - The team would like to notice the eleven DST swimmers who volunteered with the Special Olympics swim program last Saturday at our New Castle site. The team is very proud of your efforts, and the fine example you have set for your peers.
 - Senior Program Volunteers:
 - Katie Johnson, Haley Novak, Brian Panaccione, Brian Thompson, & Dan Loa
 - Supers Program Volunteers:
 - Lily Dubroff, Madison Northshield, Ivan Michalovic, & Arthur Wang
 - Mightys Program Volunteers:
 - Kierstin Marsh & Josephine Marsh
 - Special Olympics of Delaware is looking for volunteers to assist special athletes in the pool while training for the Summer Games Competition. Experience working with children with special needs is not required. Volunteers will help athletes swim the length of the pool while learning different strokes.
 - Volunteers Needed Every Saturday,
Began April 3 and runs through June 5, from 3 - 5 pm.
 - Delaware Swim & Fitness Center
2150 New Castle Avenue
New Castle, DE
 - Contact: Chris Popp
 - Phone: 302.222.4705
 - E-mail: cpopp@state.de.us
- **SUMMER MEETS:**
 - The spring/summer Long Course season comes and goes in a blink, so it's important to stay informed. Please read the team emails carefully, check the team calendar, and stay posted to the website for meet announcements as the our entry turn around is often much quicker than the fall/winter season.
- **RMSC's MD LC CHAMPIONSHIPS**
 - June 4th through the 6th DST will be heading to Rockville MD to attend RMSC's Maryland Long Course Championships. **Entries for this meet have been closed, submitted to the meet host, and posted on www.delawareswimteam.com .**
 - As mentioned in yesterday's email, we had some updates pertaining to this meet:
 - Our staff has found a glitch in the Entry File this meet.

- This meet offers 13&over swimmers the opportunity to swim 50's of Butterfly, Backstroke, and Breaststroke. As stated in the Meet information, in order to be eligible to swim a 50 of stroke, swimmers must possess the qualification time for either the 100 or 200 in that the select stroke.
 - The meet file created by the host team did not filter these events, thus creating a DST eligibility report that reflects all 13&over swimmers being eligible to swim the 50's of stroke, regardless of the qualification standards.
 - We have had a number of swimmers enter these events, but are not qualified to do so. The staff is hand checking each entry will inform families as soon as possible of any qualification issues we may identify.

- **DSC's MAY MAELSTROM :**
 - April 30th through May 2nd DST will be heading to Franklin and Marshall College in Lancaster PA to attend Diplomat Swim Clubs May Maelstrom. **Entries for this meet have been closed, submitted to the meet host, and posted on www.delawareswimteam.com .**

- **SUMMER SOLSTICE:**
 - June 18th through the 20th DST will be heading to Sewell NJ to attend the Jersey Wahoo's Summer Solstice.
 - This meet has qualification standards for all age groups, an eligibility report has been posted on our homepage, and all qualified swimmers are encouraged to attend.
 - Meet information has been posted on our homepage and the online entry system is now open.
 - **Entries for this meet at due by Monday April 19th**. Late entries may not be accepted for this meet.

- **LAC SPEEDO CLASSIC**
 - July 9th through the 11th DST will be heading to Ephrata PA, to attend Lancaster Aquatic Clubs Speedo Classic.
 - This meet is an A/BB/C Meet.
 - All swimmers are encouraged to attend.
 - Online Meet Entry will open Monday April 19th
 - Entries for this meet are due Monday May 3rd.

- **RACE OF THE WEEK.....AGAIN!**
 - Annie WINS.....again! Congratulation to Annie Nunes who won USA Swimming's Race of the Week Contest! While swimming for the Charter School of Wilmington, Annie set the High School State Meet record in the 100 yard freestyle. A video of this race was nominated for the Race of the Week Contest, and thanks to all of you who cast a vote, Annie won.

Annie, and her Charter teammates (and DST swimmers) Katie Rechsteiner and Shannon Foreman, also won last weeks Race of the Week title for their record setting Medley relay swim at High School States.

- Watch Annie set the record through this link:
 - <http://www.usaswimming.org/usasweb/DesktopDefault.aspx?TabId=1403&Alias=Rainbow&Lang=en>

- **DST BANQUET:**

- Mark your calendars, this seasons DST Banquet will be held Sunday May 23rd at our Pike Creek Facility. Stayed tuned to our homepage and team emails for more details.

- **CHAMPIONSHIP MEET PICTURES:**

- If you have pictures from any of our Spring Championship Meets that would like to share with team and have posted on our website please email them to kathyd@freesyles.org.

- **SPRING PROGRAM REGISTRATION:**

- The DST office would like to remind our families that Monday March 29th marked the beginning of our Spring Season. Families who were only registered for the Winter Season, but would like to continue with the program, **were asked to extend their contract by Friday April 2nd**. There are no additional registration fees, only an extension of you monthly payment. Contact the DST office with any questions regarding this process.

- **20/20 REPORT:**

- I would like to address 20/20's recent report regarding the sexual misconduct of coaches within USA Swimming. Any report of the sexual misconduct between an adult and minor is both disturbing and alarming. The report of numerous occurrences of this type of misconduct within the sport we all participate and love creates a more personal awareness of this problem. Our staff is very aware of the concerns some parents may have after watching 20/20's report, and would like to reassure our families that our team is fully compliant with all of USA Swimming's required coaching certifications and biannual background checks.
- A letter addressing this report from Executive Director Chuck Wielgus to all USA Swimming coaches has been linked to our homepage.

That's all I have for today, have a great week