

Good afternoon everyone,

Here's what going on this week at the Delaware Swim Team...

- **PRACTICE CHANGES:**

- The following changes will be implemented for practices during the week February 9th through February 15.
 - TODAY: Tuesday February 9th
 - NO Practice at PS Du Pont or Concord High School
 - Brandywine School District facilities are still closed due the weekend weather
 - Please refer to the team practice schedule for available practices at other locations.
 - **All other DST practices will be held as scheduled**
 - Tomorrow: Wednesday February 10th
 - NO Senior Level morning practices will be held
 - Due to the impending weather
 - Please listen 93.7 WSTW and check the web, www.delawareswimteam.com, for the announcement of practice changes as a result of weather related facility closings.
 - If the Delaware Swim and Fitness Centers are closed due to weather, all DST practices will be cancelled.
 - Thursday February 11th and Friday February 12th:
 - At this time DST plans to hold all practices as scheduled.
 - Please check the web, www.delawareswimteam.com, for the announcement of practice changes as a result of weather related facility closings.
 - Saturday February 13th, Sunday February 14th, and Monday February 15th
 - NO Practice at PS Du Pont or Concord High School
 - Due to the Brandywine School District blackout program
 - Please refer to the team practice schedule for available practices at other locations.

- **DST SWEETHEART MINI & DOUBLE LAST CHANCE MEETS**

- As previously announced the DST Sweetheart Mini Meet scheduled for last weekend was postponed and will now be held February 20-21 at the University of Delaware. The Mini meet will take place in between prelims and finals of our Double Last Chance Meet. Please check the web for the updated schedule for both of these meets. This updated schedule is listed below.
 - **Saturday February 20th**
 - Double Last Chance Prelims
 - Warm-up: 8:00am @ UD CIP

- Meet Start: 9:00am
- Sweetheart Mini Meet
 - Warm-up: No earlier than 1:00pm @ UD CIP
 - Meet Start: No earlier than 1:30pm
- Double Last Chance Finals
 - Warm-up: No earlier than 3:00pm @ UD CIP
 - Meet Start: No earlier than 3:45pm
- **Sunday February 21st**
 - Double Last Chance Prelims
 - Warm-up: 8:00am @ UD CIP
 - Meet Start: 9:00am
 - Sweetheart Mini Meet:
 - Warm-up: No earlier than 12:30pm
 - Meet Start: No earlier than 1:00pm
 - Double Last Chance Finals:
 - Warm-up: No earlier than 2:30pm
 - Meet Start: No earlier than 3:00pm

- **MA JUNIOR OLYMPICS:**

- Be on the lookout for swimmer eligibility reports, team meet information, and online meet entry for the upcoming Middle Atlantic Junior Olympic Meet held in Sewell NJ, March 11-14.

That's all I have for this week. Please be safe when travelling to and from practices, and have a happy Valentines Day.

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